What to Expect in PREP, Abstinence & Other TPP programs

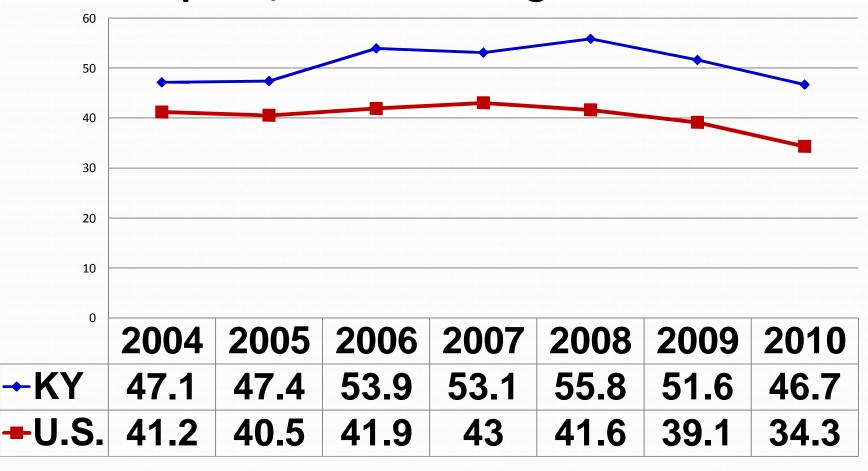
Benita Decker, RNC



Teen Pregnancy

The Situation

Teen Birth Rate 2007-2010 per 1,000 females ages 15-19





Rates are Falling!

2010 Teen Birth Rates

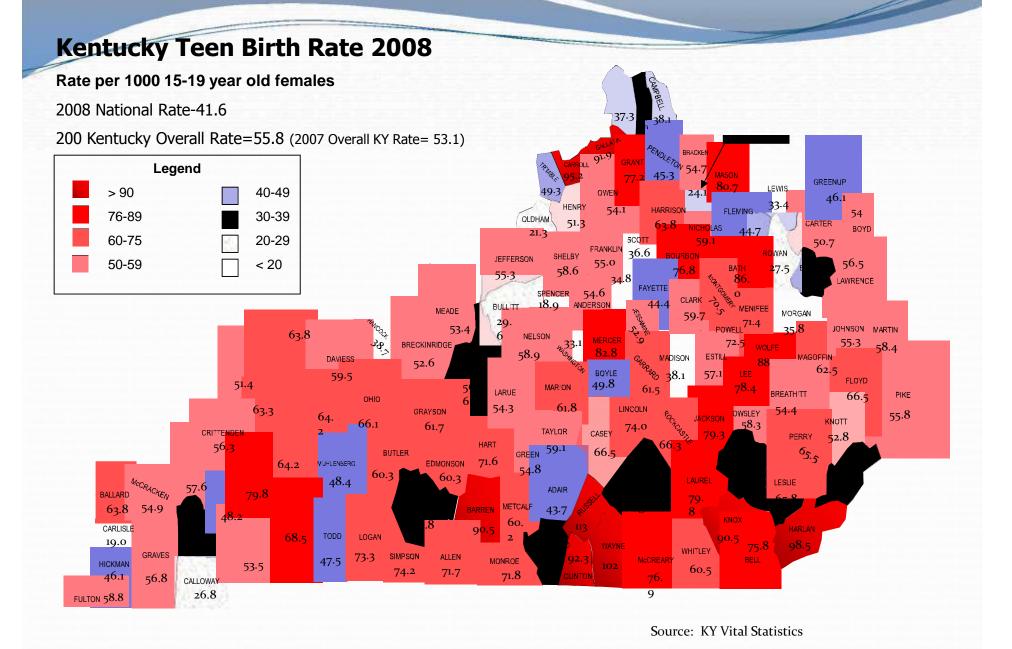
2008 Ten Birth Rates

United States 34.3* 17.5% 41.6*

Kentucky 46.7* 16.3% 55.8*

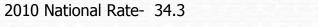


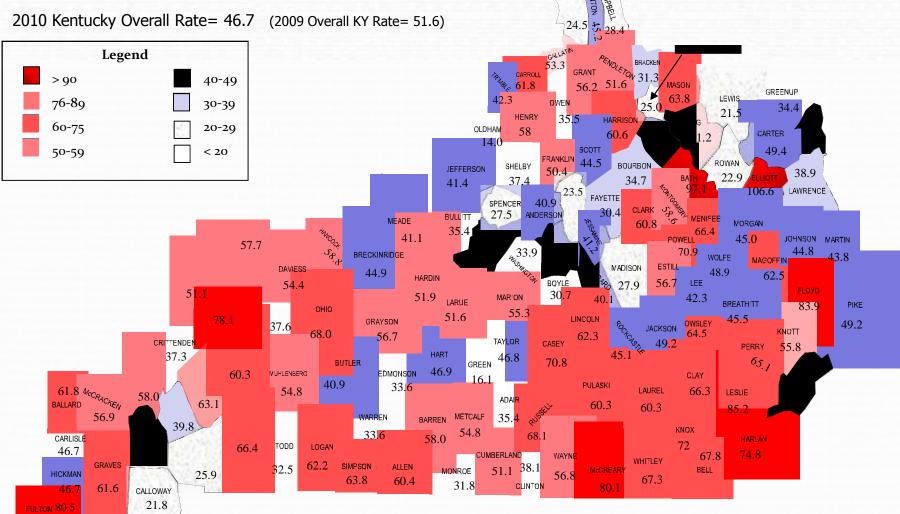




Kentucky Teen Birth Rate 2010*







Source: KY Vital Statistics

*Preliminary Data

Appalachian Counties vs. Other KY Counties

2008 -2010 Teen Birth Data

Ages 15-19 per 1000 females

	<u> 2008</u>	<u>2010</u>	<u>Decrease</u>
Kentucky*	55.8	46.7	16.3%
Appalachian Counties*	62.4	53.1	14.9%
Non-Appalachian Counties*	52.4	40.3	23.1%
National	41.6	34.3	17.5%

Kentucky Public Health

*Source: KY Vital Statistics

% of Repeat Teen Births in 2010

26.6%

Births to teens ages 18-19 in 2010

72.5% (69% in 2009)



Public Funds Used for Teen Pregnancy-2008

\$131,694,552

Not included: Lost Revenue to Schools for missed days/drop out





\$ 131,694,552



2008 Public Funds Used for Teen Pregnancy

Medicaid 1- Teen mothers covered by Medicaid: Costs for prenatal care, delivery, postpartum care and one year of medical care for the infant.	\$63,064,518
Medicaid 2- Infant expenditures for the first year of life when teen mother covered under parent's private insurance for pregnancy/delivery.	\$4,665,126
WIC for teen mothers and babies for 1 year	\$8,111,436
Housing Allowances	\$1,420,500
Food Stamps for teen mother and 1 baby for 1 year	\$7,875,820
TAPP Cost- Operational costs for the Louisville Metro Teen Age Pregnant and Parenting School. <i>Not included</i> are operational costs for other district school programs directed to pregnant and parenting teens.	\$1,244,232
Lost Kentucky Tax Revenue- Based on 2008 tax table for Head of Household, part time work averaging 25 hours per week x 1 year.	\$34,645,640
Child Care Cost- as reported by the Kentucky Department for Community Based Services Child Care Assistance Program.	\$10,667,280

Not Included:

Lost revenue to schools: When calculated for the teen mothers 18 years old and younger, and assuming they missed a conservative average of 14 days of school in 2008, the lost revenue to schools would have been \$1,158,164.

Public Funds Saved by the Decrease in Teen Births in 2010

\$27,643,194



Other Social Costs to Kentucky Teen Pregnancy

- Drop out of school
- Late entry or No prenatal care
- Mother and child 9x more likely to live in poverty
- Low birth weight
- Premature delivery
- Increased infant mortality



Other Social Costs to Kentucky Teen Pregnancy

- Experience abuse and neglect
- Enter the Child welfare system
- children become teen mothers themselves
- children more likely to be incarcerated

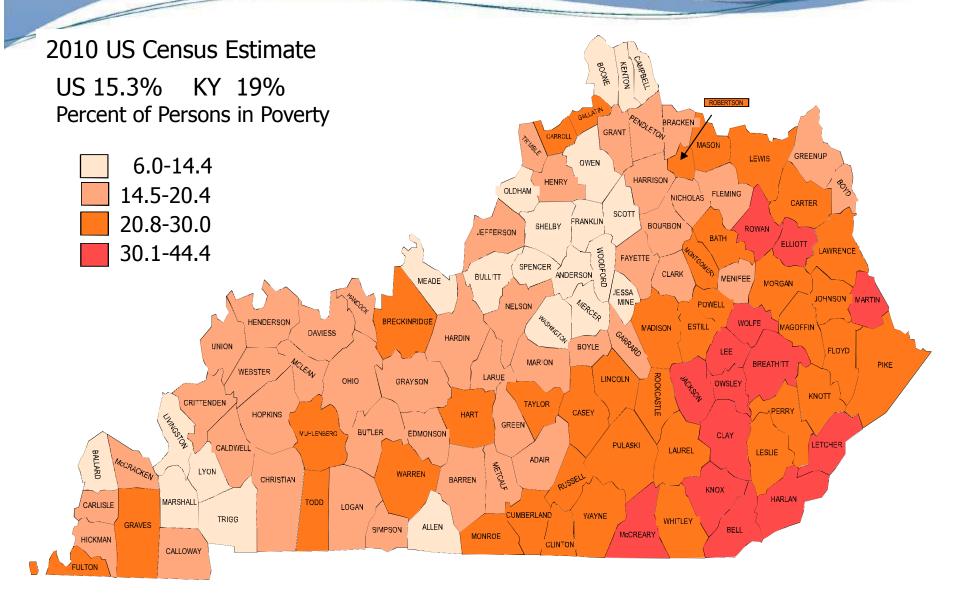


Teen Pregnancy

Why are teens getting pregnant?

Contributing Factors

Kentucky Percent of Persons Living in Poverty



- Poverty is a major contributor to mental illness, stress, suicide, family disintegration, substance abuse, and inadequate medical care
- According to 2010 Census data, Kentucky's poverty rate was 19 percent, higher than the 15.3 percent national average.
- In Kentucky, 20% of all females were in poverty compared to 16.5% for the U.S.
- In Kentucky, 20.4% of households were headed by women compared to 21% for the U.S.
- Kentucky is ranked 3rd nationally for poverty level.

2011 Kentucky YRBS Results

	Sexually Experienced 51.8% (48.3%)	Sex with 4 or more in their life (16.6%) (12.7%)	Condoms used at last intercourse 50.6% (59.9%)
9 th GRADE	33.8 % (36.3%)	7.6%	-
10 th GRADE	48.1 (42.7%)	11.3%	52.5% (58%)
11 th GRADE	61.7 % (58.1%)	24.0%	51.2% (61.8%)
12 th GRADE	66.3 % (59.7%)	24.3%	47.0 % (55.7%)
MALES	51.7% (49%)	17.0%	55.9 % (66.3%)
FEMALES	51.9% (47.8%)	16.3%	46.4% (54.5%)

Other YRBS Results

- •Middle School:
 - >13.8% of students report they have had sexual intercourse
 - >4.4% report they have had sex with four or more partners
 - >65.5% report they used a condom during last sexual intercourse (compared to 50.6 % of HS students)

Other YRBS Results

- •High School:
 - >26.2% reported using Depo Provera or birth control pills to prevent pregnancy
 - >83.9% report that they have been taught about HIV/AIDS in school (down from 85.9% in 2009)
 - >51.2% have ever had oral sex (9th grade=36.3%, 12th grade=63%)

Facts on American Teens' Sexual and Reproductive Health (National Campaign)

- By age 15, 13% of never married teens have had sex.
 (KY 2011 YRBS- 15.2%)
- By the time they reach 19, 70% have engaged in sexual intercourse
- Average age for initiation of sex is 17 BUT they do NOT marry until their middle or late 20s
- A sexually active teen has a 90% chance of becoming pregnant within one year!!!



Facts on American Teens' Sexual and Reproductive Health (cont.)

- Of the 19.9 million new cases of STIs each year, 9.1
 (48%) occur among 15-24 year olds yet 15-24 year
 olds represent only1/4 of the population!!!
- 10% of young women who have had sex before 20 report that their first sex was <u>involuntary</u>. The younger they were at first intercourse, the higher the proportion
- 82% of teen pregnancies are unintended and account for 1/5 of all unintended pregnancies annually
- 60% of teens who use a clinic for sexual health services say their parents know they are there

Teen Pregnancy

The Assessment

MCH Needs Assessment Public Forums

Eleven (11) forums were held throughout Kentucky through the Spring /Summer of 2009



➤ Nine (9) of the eleven(11) public forums identified TEEN PREGNANCY as their #1 local health concern.

The other two forums listed teen pregnancy as their 2nd area of concern.

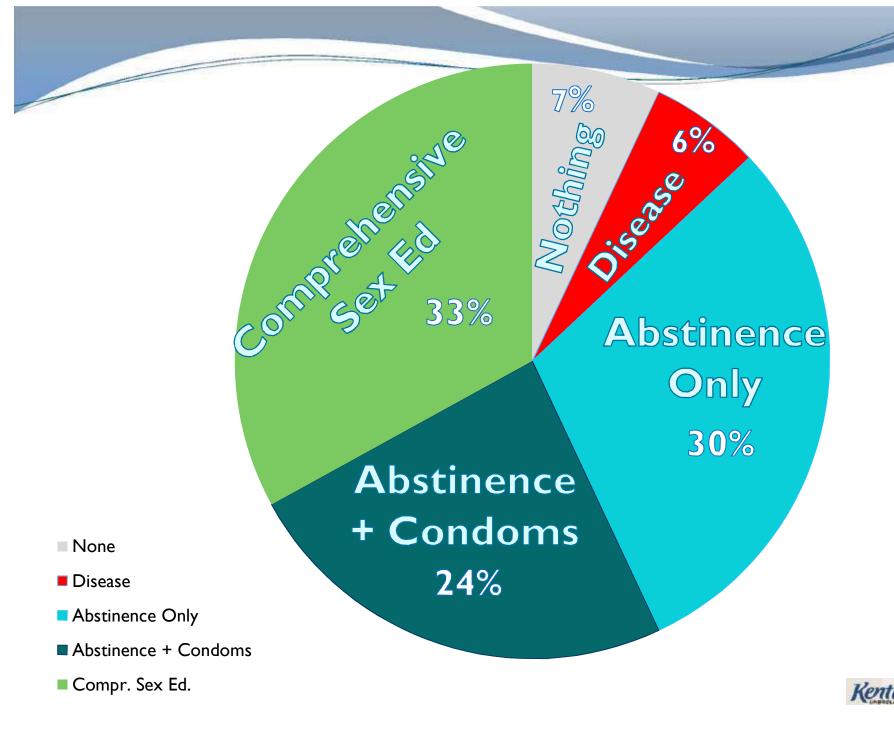


2009-10 Sexuality Education Survey

to

Middle & High Schools





Teen Impact Groups





QI. What are the problems that surround teen pregnancy/why are teens getting pregnant?

#1 NOT USING PROTECTION

Can't afford it

Don't like how
condoms feel/fit

EmbarrassedAfraid to buy



#2 DRUGS & ALCOHOL

Others:

- Peer pressure/partner pressure
- Males can't handle the responsibility/leave
- •Simply want to have a baby
- Lack of support at home and school
- Parent issues



Q2. What programs, activities would you develop to decrease teen pregnancy?

#1 TEACH SEX ED. EACH YEAR OF MIDDLE AND HIGH SCHOOL

#2 TEACH PARENTS HOW TO COMMUNICATE BETTER

Others:

- Condoms at School
- More activities for students during and after school
- More one on one conversations



Q3. What are the barriers that prevent programs from happening and what barriers keep teens from using programs?

Funding

Peer Pressure not to participate

Some teachers do not know how to teach sex ed

Don't care, No self respect Privacy Concerns

Parents do not approve

No Time

Transportation Issues

Lack of adult Support/volunteers

Teen Pregnancy

The Plan



PARTNERS

In-State Partners:

- ❖ Maternal Child Health/DPH
- KDE-Coordinated School Health
- Department for Behavioral Health...
- Local Health Departments
- Community Based Organizations
- ***** FRYSCs
- School Nurses
- * PTA

Federal Partners:

- ❖HHS/Family Youth Service Bureau
- Federal Office of Adolescent Health
- *****AMCHP
- State Adolescent Health Coordinator Network









The 4 Goals of the TPP Strategic Plan

- 1. Conduct/implement age-appropriate personal responsibility/ sexuality education throughout the Commonwealth of Kentucky
- 2. Educate and engage parents and communities to initiate opportunities for positive youth development and involvement.

The 4 Goals of the TPP Strategic Plan

- 3. Implement ongoing awareness of teenage pregnancy prevention using multiple modes of communication.
- 4. Continue to provide all Kentucky youth with access to reproductive healthcare, contraceptives, and preventative services.



Teen Pregnancy Plan

TPPSexuality
Education
Funding

TPP Education= Adolescent Heath Education

The choices teens make between the ages of 12 and 18 have an enormous impact on the rest of their lives.

- •TPP education should, at the least, educate teens on how to develop the skills & confidence they need to achieve a lifetime of success.
- •TPP education should, at its best, also provide opportunities for teens to develop those skills and therefore provide the confidence they need to achieve that success.

 **Rentucky Public Health

Sexuality / Personal Responsibility Education



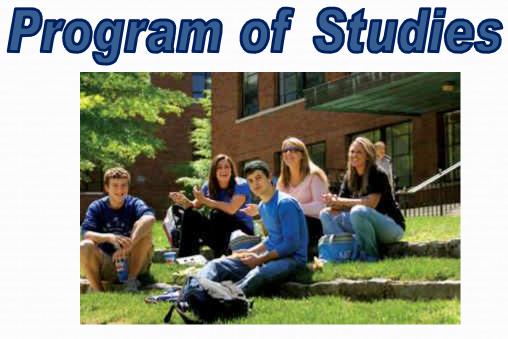
United Nations Educational, Scientific and Cultural Organization Effective sexuality education can provide young people with age-appropriate, culturally relevant and scientifically accurate information. It includes structured opportunities for young

people to explore their attitudes and values, and to practice the decision-making and other life skills they will need to be able to make informed choices about their sexual lives.

Sexuality Education Reserved Life Skills



KENTUCKY DEPARTMENT OF EDUCATION





Kentucky Law

2 Federal Grants: PREP and Abstinence

Personal Responsibility Education Program (PREP)

- Established with the Patient Protection and Affordable Care Act in 2010
- The law stipulates that the program must emphasize abstinence and contraception for the prevention of pregnancy and sexually transmitted infections. The law also requires that at least three of the following adulthood preparation subjects be addressed:



PREP Ready for Adulthood Subjects

- **Healthy relationships**, such as positive self-esteem and relationship dynamics, friendships, dating, romantic involvement, marriage, and family interactions.
- **Adolescent development**, such as the development of healthy attitudes and values about adolescent growth and development, body image, racial and ethnic diversity, and other related subjects.
- Financial literacy.
- Parent-child communication.
- **Educational and career success**, such as developing skills for employment preparation, job seeking, independent living, financial self-sufficiency, and work-place productivity.
- **Healthy life skills**, such as goal-setting, decision making, negotiation, communication and interpersonal skills, and stress management.

- Kentucky currently funds 22 LHDs with PREP funds:
 - •11 LHDs provide Reducing the Risk (RTR) curriculum to high school students in their county/counties.
 - •11 LHDs provide the Teen Outreach Program (TOP) to teen students. TOP clubs are being implemented in both middle and high schools.
- ➤ Grant funding period is in line with the state fiscal year (July-June)
- >No match required

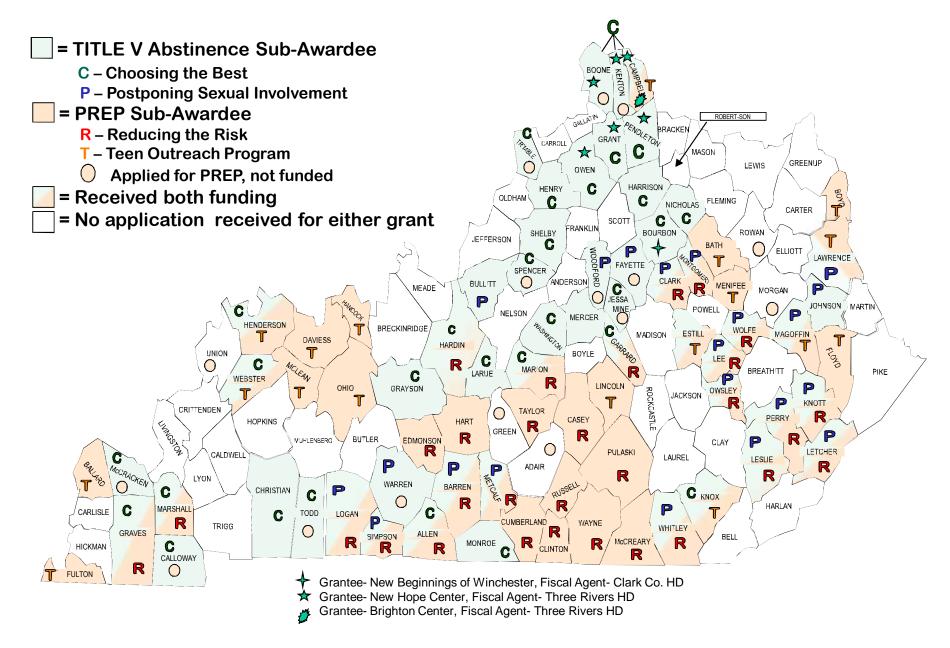


Abstinence Education Grant Program (AEGP)

- Established with the Patient Protection and Affordable Care Act in 2010. Very similar to the Title V Abstinence Until Marriage grant from before but with some significant changes.
- Kentucky narrowed program to two curriculum choices: Choosing the Best and Postponing Sexual Involvement. Will fund education in middle school only (age-appropriate).
- Currently 27 LHDs and 2 Community-based Organizations (fiscal agent is LHD) are funded to provide this education.
- Match required. \$3 match required for every \$4 granted.



TPP Funds Distribution FY11 and FY 12



What if I Am Not a Grantee?

Consider using some of your Cost Center 818 monies on Chapter 11.2-Teen Pregnancy Prevention

COMMUNITY PLAN BUDGET YEAR 2012

818				Community Based Services (799)	PLANNED	
C O S T	PROG	PROGRAM/ OBJECTIVE CODE	S T R A T	STRATEGY	# A C T	# P A R T
				TOTAL	0	0
818	112	Teen Pregnancy Prevention	84	Teen Outreach Program (TOP)		
818	112	Teen Pregnancy Prevention	85	Reducing the Risk (RTR)		
818	112	Teen Pregnancy Prevention	86	Becoming a Responsible Teen (BART)		
818	112	Teen Pregnancy Prevention	314	Choosing the Best		
818	112	Teen Pregnancy Prevention	83	Postponing Sexual Involvement/Managing Pressures Before Marriage		
818	112	Teen Pregnancy Prevention	87	RSVP		
818	112	Teen Pregnancy Prevention	88	Why kNOw		
818	112	Teen Pregnancy Prevention	316	Provide Parent Education		
818	112	Teen Pregnancy Prevention	81	Local Teen Pregnancy Coalition/Groups		
818	112	Teen Pregnancy Prevention	306	Participate in the KY Teen Pregnancy Coalition		
818	112	Teen Pregnancy Prevention	317	Social Networking Campaign		
818	112	Teen Pregnancy Prevention	318	Dissiminate Education Information		
818	112	Teen Pregnancy Prevention	64	Promate Health Empowerment to Adolescents		

Kentucky Public Health
Prevent. Promote. Protect.

Possible funding in Abstinence may be available in the late Spring

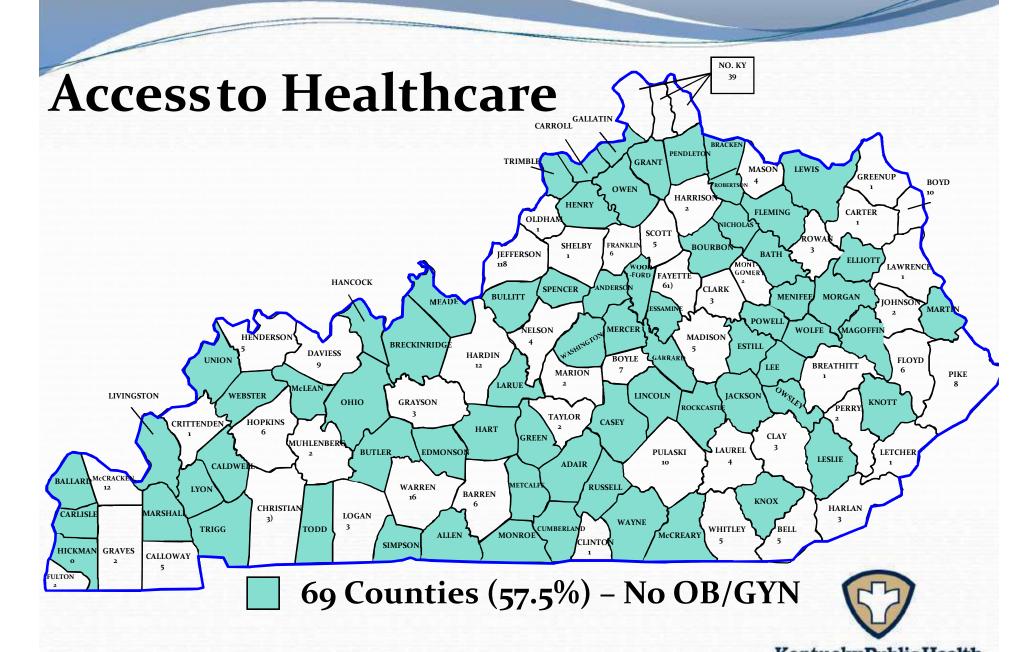
Watch your emails!



Teen Pregnancy

·Access to

Healthcare



Teen Pregnancy

·Educating & Involving

Parents and Communities

• Ongoing Awareness





"If you are planning for one year, *grow* rice. If you are planning for 20 years, *grow* trees. If you are planning for centuries, *grow* men."

Chinese *proverb*.



Teens want adults to

- Spend time with them
- Use eye contact
- **LISTEN**
- Be dependable...do what you say you are going to do
- Show appreciation for what they do
- RELAX...enjoy the relationship
- Show you are interested in them (attend games, concerts, etc.)
- Laugh with them, have humor
- > Ask them... to help you, for their ideas
- ➤ Teach them! Challenge them! Help them think!

Questions?







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